

APPLICATION 3

Professional Kinesiologist Certificate Application to be assessed by IKC for students who have attended and completed a professional kinesiology training program recognized by the IKC

The undersigned _____ applies to be assessed as an IKC Professional Kinesiologist level ____ by the IKC Professional School and provides you the following documents:

- ❖ **A** - A passport-size photograph (optional).
- ❖ **B** - A letter from the teaching institution stating that the student has completed the professional kinesiology training program for the level applied.
- ❖ **C** - The kinesiology curriculum studied, related records on all subjects and courses and hours of attendance.
- ❖ **D** - A copy of the case study/ies prepared for the final assessment (one case study and/or thesis for level one, two case studies and/or thesis for level 2, three case studies and/or thesis for level 3).
- ❖ **E** - A receipt showing the payment by direct deposit of the application fee of € 470 (the fee is reduced of 50% if the Professional Kinesiology Training Program undertaken is recognised as a Campus program by the IKC Professional School)
- ❖ Payment can be made by Pay Pal (pay pal offers credit card or bank transfer options) If you wish to pay by pay pal, please contact the IKC head office requesting a pay pal invoice, stating what application you are making. If you wish to pay by international bank transfer, details below:

Name of Account:	International Kinesiology College Ltd
Account number	15 336434
BSB:	124 081
SWIFT code:	QBANAU4B

I understand that:

- ❖ An IKC Professional Kinesiologist does abide to the Code of Ethics enclosed with this application.
- ❖ Professionals holding an IKC professional kinesiology certificate may apply to be listed in the IKC professional kinesiologists register.
- ❖ An annual fee of € 40 (€ 20 if Campus program) for being registered In the IKC Professional Kinesiologist Register. The yearly renewal fee is due within March 1st of each year. Any fee is subject to change.
- ❖ By being issued one international certificate for each course of study and level of training to all kinesiology practitioners in the world who have graduated from a recognized IKC professional kinesiology training program, I become part of a united network that helps each professional to benefit from the advantages obtained by other IKC kinesiologists in different countries.



The IKC Professional School is committed to:

- Promote the kinesiology profession worldwide.
- Cooperate with countries and international governments for the legal acceptance and recognition of the kinesiology profession.
- Support the professional interests of the kinesiology profession in international matters.
- Keep, maintain and update an international register of IKC Professional Kinesiologists.
- Organize and/or promote meetings and seminars for the continuing education of IKC professional kinesiologists worldwide.

Surname _____ First name _____
Gender _____ Date of birth (optional) _____ Address _____

City _____ Zip Code _____
Telephone Number _____ Email address _____

After having received my IKC professional kinesiologist certificate, I do / I don't authorize IKC to publish my name and address on its website.

A copy of this application must be submitted to the following email addresses:

Professional School Dean - Thomas Holvoet - kinesioteam@gmail.com

Professional School Vice Dean - Dominique Monette - dominique.monette@gmail.com

IKC Registrar - Marti Braidwood - registrar@ikc.global

We will notify you of the IKC Professional School Examining Board Representative that will attend the assessment, to whom a copy of this application form must also be sent.

The complete application must be received a minimum of 45 (forty-five) days before the date of the assessment.

Upon successful completion of the final assessment, an IKC professional kinesiologist certificate for the level applied will be forwarded directly to the graduate within 90 days from the date of the final assessment.

Persons holding an IKC professional kinesiologist certificate may apply to be listed in the IKC professional kinesiologist register.

Date

Signature



IKC Professional Kinesiologist Levels

IKC Professional Kinesiologist Level 1

Length: 2 years

Minimum of classroom hours: 480

Curriculum:

To allow a full spectrum of knowledge and experience a minimum number of hours for each group of subjects as follows is required:

- 240 Kinesiology (we count all the kinesiological work)
- 80 Basic sciences (e.g. Anatomy, Physiology, Biochemistry)
- 40 Communication, ethics and business administration
- 25 Supervised practice in kinesiology

The remaining hours were chosen by the School from the above list.

IKC Professional Kinesiologist Level 2

Length: 3 years

Minimum of classroom hours: 640

Curriculum:

To allow a full spectrum of knowledge and experience a minimum number of hours for each group of subjects as follows is required:

- 320 Kinesiology (we count all the kinesiological work)
- 96 Basic sciences (e.g. Anatomy, Physiology, Biochemistry)
- 40 Complementary subjects (e.g. T.C.M., Nutrition, Herbology)
- 40 Communication, ethics and business administration
- 50 Supervised practice in kinesiology

The remaining hours were chosen by the School from the above list.

IKC Professional Kinesiologist Level 3

Length: 4 years

Minimum of classroom hours: 1200

Curriculum:

To allow a full spectrum of knowledge and experience a minimum number of hours for each group of subjects as follows is required:

- 640 Kinesiology (we count all the kinesiological work)
- 192 Basic sciences (e.g. Anatomy, Physiology, Biochemistry)
- 100 Complementary subjects (e.g. T.C.M., Nutrition, Herbology)
- 40 Communication, ethics and business administration
- 100 Supervised practice in kinesiology

The remaining hours were chosen by the School from the above list.



Code of Ethics for a Professional Kinesiologist

General Principles

Respect of Life

The kinesiologist recognizes and complies with the widespread significance of the respect and defence of life.

Balance of Living Beings

Through muscle testing, the kinesiologist interacts with the human being's self regulating capabilities. The kinesiologist uses natural modalities to facilitate wellbeing.

Wholistic Approach

The kinesiologist works on all aspects of a person to facilitate his self-regulating abilities.

Quality has priority over quantity of actions during the balance.

The kinesiologist is aware of the broader meaning that may lie behind any imbalance.

The educational model the kinesiologist is using originates from the objective of educating people to discover their values.

Approach to Symptoms

A kinesiologist does not intervene with symptoms. The kinesiologist is interested in potentiality rather than pathology. A kinesiologist uses his professional competence to support the client in achieving a higher level of integration that enhances learning capabilities and quality of life.

Self-responsibility Model

It is a person's ultimate responsibility and choice to maintain a balanced state.

It is the kinesiologist's responsibility to assist the client in learning to deal with his condition.

The kinesiologist actively involves the client throughout the balancing process by educating the client on the principles of his method.

Awareness and participation of the client is important to make a change.

The relationship between kinesiologist and client is based on active cooperation to enhance self-responsibility. The kinesiologist is using the educational model. He considers himself a facilitator / educator, always ready to respect the client's choices.

Empathy

Lasting change and mutual satisfaction can be obtained when empathy is established between the client and the kinesiologist.

Positive Feeling

The aim of the kinesiologist is to evoke mental and behavioural patterns based on positive thoughts and feelings.

Professional Conduct

Ethical Commitment



A kinesiologist commits to practice his work in a proper manner, to maintain a respectful behaviour with his client, partners and non professionals alike. With respect to the duties of his profession, he behaves with self-discipline and tact, avoiding all that can undermine the reputation of his profession.

Professional Commitment

The kinesiologist will work within the guidelines of his code of ethics and/or the code of conduct and/or the code of practice. During the kinesiological balance, use is made of techniques and modalities recognized by the IKC and/or the local professional organization recognized by the IKC.

The kinesiologist safeguards, in his actions and choice, both professional and private, the image and credibility of his profession.

Cooperation with Colleagues

Relationships with colleagues are based on the highest standards and professionalism. Defamation of colleagues constitutes a grave infraction.

A kinesiologist may not knowingly entice a client from another professional.

A kinesiologist substituting in a temporary position for a colleague will cease his relationship with his colleague's clients upon that colleague's return and will provide information relative to that client's records. Where required, for legal or another similar reasons, the principle kinesiologist will make the client's records available to the former substituting kinesiologist.

Payment of gratuities or gifts for client referral is unacceptable behaviour.

Cooperation with other Practitioners

The kinesiologist is conscious of his own area of competency. He will not encroach into the field of other professions and will adopt a positive stance with other professionals, in particular to other health care professionals.

Professional Confidentiality

The kinesiologist must observe confidentiality in all matters relating to his clients.

He is also responsible for maintaining confidentiality during consultations where others are assisting.

The kinesiologist may only disclose client information with that client's permission.

Respect for Client

The kinesiologist acts for the client's overall wellbeing and only by his personal request. The kinesiologist must give his client clear information on the possibilities and limits of kinesiology, thus avoiding unjustified expectations.

The kinesiologist, even when establishing the necessary emotional rapport of trust and support with his client, maintains a professional manner with him at all times.

Other than his fee, the kinesiologist will refuse any type of personal advantage or favour that he might obtain from the session that may interfere with the quality and duration of the professional rapport with his client.

The kinesiologist exercises choice around his decision to begin or continue a professional relationship with a client

In order to assist the client, the kinesiologist may provide information and / or advice to support the client's balances. It is his duty to recommend other types of support, should it be necessary for the well being of the client.



Appropriate Use of Muscle Testing

The kinesiologist uses muscle testing as a method of identifying the client's areas of stress. However, the quality of the rapport established with the client, and the client's wishes and needs should be taken into consideration first.

While being a helpful instrument of awareness, muscle testing should not override the kinesiologist's opportunity to maintain a communication that encourages and enhances the client's conscious participation.

The kinesiologist will assist the client to make meaning of the muscle test findings in relation to the client's history and session goal.

The kinesiologist recognizes that muscle testing results may vary according to the level of knowledge and awareness of both the practitioner and client.

While the decisions and outcomes reached during the client's session may have come from many processes, muscle testing may be used to clarify and support the client's understanding.

The kinesiologist does not measure his success with clients by kinesiological outcome only, but also by the client's personal satisfaction and experience of the balance.

The kinesiologist is aware that his own state of balance is an important part of accuracy and feedback during muscle testing sessions. He therefore considers time given to his own personal wellbeing a necessary condition for the successful improvement of his client's condition.

Continuing Education

The kinesiologist must satisfy the continuing education requirement of his country's professional organisation.

Continuing education may also include professional research, presentations at kinesiology meetings, and other activities aimed at increasing the framework of the kinesiology profession.

According to the professional organisation's requirements and the specific local legislation, the kinesiologist may be required to display evidence of his continuing education in his work place.

The professional Office

The kinesiologist's professional work place must satisfy requirements and conditions of any local laws.

Titles and Qualifications

The kinesiologist displays only academic certificates and titles that pertain to him.

The kinesiologist represents himself to the public in all respects of advertising, stationery, media and any other form of advertising and / or image representation in a manner that is honest and truthful and in a way that enhances the profession of kinesiology as a whole.